

# Honey-Polka

choreographed by: Vivien Gottschald

*Music:* "Honey I'm Good" von Andy Grammer

*Description:* 32 counts, 4 walls, Newcomer line dance, Polka

*Start after 16 counts*

## SHUFFLE FWD, SHUFFLE ½ TURN R, HEEL & TOE & SCUFF & TOUCH

**1&2** Shuffle fwd stepping right, left, right

**3&4** Shuffle fwd stepping left, right, left and turning ½ R

**5&6** Touch right heel fwd, step RF next to LF, touch left toe back

**&7&8** Step LF next to RF, scuff RF and step RF next to LF, touch LF next to RF

## CHASSÉ ¼ TURN L 2x, SAILOR STEP, BACK ROCK

**1&2** Chassé to left side stepping left, right, left and turning ¼ L

**3&4** Chassé to right side stepping right, left, right and turning ¼ L

**5&6** Cross LF behind RF, step RF to side, step LF to side

**7, 8** Rock RF back, recover LF

*Restart on Walls 2 and 6: Start from beginning of dance*

## STOMP R, STOMP L, APPLE JACKS, COASTER STEP, CHASSÉ ¼ TURN L

**1, 2** Stomp RF next to LF, stomp LF next to RF

**3&4&8** Weight on left heel and right ball: Swivel left ball and right heel to left, turn both back in place and change weight to left ball and right heel, swivel left heel and right ball to right, turn both back in place and change weight to LF

*Easy Option:* Split heels and heels together twice

**5&6** Step RF back, step LF next to RF, step RF fwd

**7&8** Chassé to left side stepping left, right, left and turning ¼ L

## KICK-BALL-STEP, ROCK STEP, TOE STRUT BACK WITH ½ TURN R, SHUFFLE FWD

**1&2** Kick RF fwd, step RF next to LF, step LF fwd

**3, 4** Rock RF fwd, recover LF

**5, 6** Touch RF back, lower RF and turning ½ R, weight on RF

**7&8** Shuffle fwd stepping left, right, left

REPEAT